## Cursíllo! Are You Interested?

From the London and Area Cursillo movement: Cursillo is a Spanish word meaning 'a little course'.

Cursillo, which begins on a Thursday night through to Sunday afternoon, helps us to look at ourselves and our relationships with others and God, through a series of talks by others who have made a previous weekend.

Day 1:	We look at ourselves,
Day 2:	We consider God's love for us.
Day 3:	We consider the world around us and how we can be a Godly influence to those around us.

All who make the weekend find a deeper joy in their faith, their Church, and their community around them.

Need something to boost your faith and spirit? Consider joining us on

## February 19-22, 2026, for the Men's Weekend or February 26-March 1, 2026, for the Women's Weekend.

Call Eileen and David Sleightholm, your diocesan contacts 519-524-9400 for more information. You can also visit: <u>https://londoncatholiccursillo.com/</u>